

2023 FIRE & ICE CHALLENGE- COACHES INFORMATION
FEBRUARY 25-26, 2023

Hosted by: More Than A Meet, LLC & Ruby Gymnastics Academy-ETC

Meet Site:

The "W" at Wartburg College
400 12th Str., NW
Waverly, Ia 50677

SESSION SPECIFIC INFORMATION:

****PLEASE CHECK THE SCHEDULE FOR THE SESSIONS THAT YOUR TEAM IS SPLIT INTO 2 GROUPS- be sure you have the appropriate number of coaches for each session. Thank you!**

SESSION 1: LEVELS 4-7

- Ruby Level 6/7's and Evolve Level 6/7's will start on Bars (A & B Flights); Compulsories for both teams will begin on Floor
- SUCCESS Level 4's will begin on Vault (B Flight); SUCCESS Levels 5 and 6 will start on Beam (B Flight)- when you arrive at Vault- Level 5's will warm-up and compete, then Level 6's in that rotation (SUCCESS and Transform) will warm-up and compete

SESSION 2: LEVELS 8/9 AND PLATINUM

- Ruby, Evolve, and Transform Level 8/9's will be in the A Flight
- All-Around- your Platinums and Level 8s are together starting on Vault in Flight B

SESSION 3: Diamond & Gold

- All Diamonds are in the B Flight

SESSION 5: LEVEL 2 & BRONZE

- All Level 2's are in the A Flight- starting on Vault

SESSION 6: Level 3 & SILVER

- All Level 3's are in the B Flight

COACHES CHECK IN:

Coaches can check in near the Head Table in the competition area. **PLEASE DOUBLE CHECK THAT ALL OF YOUR COACHES ARE REGISTERED THROUGH USAG RESERVATIONS TO BE ON THE COMPETITIVE FLOOR!**

We will have Coaches' Packets ready for you! Your packet will have all gymnasts' competitive cards and schedule for the weekend.

VENDOR:

GymTreasures will be on-site for apparel, shout outs, and meet gift purchases!

HOSPITALITY:

We will have lunch and dinner available for you both days of the competition. The hospitality room is located near ADMISSIONS. Plenty of caffeine, sweets, and various snacks/drinks will be available all day for you.

LEOTARDS:

Your meet leotards will be bagged and ready to go for each club. You can pick those up near the Head Table.

Awards will immediately follow each session in the AWARDS AREA. We ask that all spectators remain seated until the last competitor is done prior to moving to the AWARDS AREA.

HOTEL OPTIONS:

Cobblestone Inn
208 E Bremer Ave
Waverly, IA 50677
319-352-1311

Hampton Inn : Cedar Falls Downtown
101 W 1st St
Cedar Falls, IA 50613
319-242-7350

Super 8 by Wyndham

301 13th Ave SW
Waverly, IA 50677
(319) 596-1064

Holiday Inn & Suites/BienVenu Event Center

7400 Hudson Rd
Cedar Falls, IA 50613